



The Just Us Date Kit

A little time. A thoughtful plan.
Something lovely to look forward to.

SMALL PLANS. GOOD MEMORIES.

INSIDE YOUR KIT

12 evergreen dates, at home and out together
12 warm conversation prompts and sweet gestures
A date planner, memory log and next-date list

Try this first

Try the three-song supper: use dinner you already planned, let each person pick a song, and choose a third together. Ask, "What is one ordinary moment with me you would happily repeat?"

PRINT & USE

Print on US Letter (8.5 x 11 inches) at 100% or Actual size. Choose single-sided for writing or cutting. Color is optional; the kit also works in grayscale. Use a pen or pencil. These pages are printable, not fillable forms.

Start with one idea. Adapt it to your time, energy, access needs and the people joining you.

01 / A LITTLE CLOSER TO HOME

Six dates in your own space.

Agree on a time that works for you both. Put the chores on pause, if you can, and keep the plan simple.

01 Three-song supper | 45 minutes

Make a familiar dinner. Each choose a song, then pick a third together. Tell the story behind your choices while you eat.

02 A tiny tasting | 30 minutes

Choose three snacks or drinks you already have. Compare flavors and invent a name for your favorite pairing. Check food preferences first.

03 Draw our dream day | 30 minutes

Take a sheet of paper each. Sketch a day you would love to share, then circle one small part you could actually plan soon.

04 The photo-story evening | 40 minutes

Each select five photos you are comfortable sharing. Tell the story of one detail the other person might have missed.

05 A living-room cinema | one film

Choose a film together, make a paper ticket, and set out a snack. Afterward, each pick a scene you would like to talk about.

06 Two-person listening lounge | 30 minutes

Dim the lights if you like, make tea, and share a short playlist. Finish by adding one song to a new playlist for future dates.

02 / OUT, TOGETHER

Six little adventures for two.

Choose places that fit your access needs. Check current hours, weather, admission and reservations before going; these ideas do not include venue bookings.

07 The slow photo walk | 45 minutes

Choose a short public route. Each capture three details the other might overlook. Share your favorites over a drink you bring along.

08 Bookshop time capsule | 45 minutes

Browse a bookshop or library. Find a title for your past, your present and a future you hope for. Share the choices; buying is optional.

09 Picnic with a question | 60 minutes

Pack a simple meal and choose a permitted spot. Add one handwritten question to the bag. Keep a comfortable indoor backup.

10 Art, then a little chat | 60 minutes

Visit an exhibition or public-art route. Each choose one piece that feels like a mood, a memory or a place you would like to go.

11 The neighborhood mini escape | 60 minutes

Pick a nearby area you rarely explore. Plan one short route and one optional stop, with a spending limit and a clear way home.

12 Golden-hour pause | 30 minutes

Choose a safe, accessible public spot before dusk. Sit or stroll, notice what changes in the light, and each name one good thing from the week.

03 / A LITTLE MORE US

Twelve things to ask each other.

Pick one or two. Listen without rushing to solve anything. You can pass, keep an answer light, or change the question.

START SOFTLY

- 01 What is one ordinary moment with me you would happily repeat?
- 02 What tiny thing has made your week a little better?
- 03 Which song, place or smell brings back a happy memory?
- 04 What would feel like a treat in the next few days?

GET CURIOUS

- 05 What is something you have been interested in lately?
- 06 What small adventure would you like us to try?
- 07 When do you feel most at ease spending time together?
- 08 What is a story about you I may not have heard?

LOOK AHEAD

- 09 What little tradition would you enjoy starting together?
- 10 What could we make easier about planning time for us?
- 11 What is one kind thing I could do for you this week?
- 12 What should we put on our "someday, together" list?

04 / MAKE THE DATE HAPPEN

Our next little date.

Choose together, or make it a gentle surprise within preferences you already know. Leave room to change your mind.

A simple example

Friday, 7:00-8:00 pm: a tiny tasting at home. Use three snacks from the cupboard, make tea, and choose two conversation prompts. Prepare the table beforehand.
Backup: tea and one song if we are tired.

OUR IDEA / WHAT WE ARE LOOKING FORWARD TO

DAY / START AND FINISH / PLACE OR MEETING POINT

SPENDING LIMIT / TRAVEL / ACCESS NEEDS / ANYTHING TO BOOK

WHAT EACH OF US WILL BRING OR ARRANGE

WEATHER OR LOW-ENERGY BACKUP

05 / THE THOUGHTFUL PART

Small gestures, warmly given.

Choose what the other person actually likes. A sweet detail should feel welcome, with no expectation attached.

Write the tiny note

Leave one specific sentence: "I loved when you made me laugh about..." Add it to the date plan.

Remember a preference

Make their usual tea, choose a comfortable seat, or check the noise level before booking.

Handle one small detail

Offer to check the route, pack the picnic cloth, or tidy the table before the date begins.

Bring a shared memory

Choose one photo, a song, or a little story from a moment you both enjoyed.

Make space to arrive

Start with "What pace feels good tonight?" Let a quiet date be a complete date.

Say the specific thing

Name a quality or action you appreciate. Tell them what you noticed, in your own words.

A LITTLE GESTURE THAT WOULD FEEL LIKE US

06 / KEEP A LITTLE OF IT

A memory from our time together.

A few words are enough. You can fill this in together, or each keep your own version.

DATE / WHAT WE DID / WHERE WE WENT

A SKETCH, PHOTO, TICKET, OR A FEW WORDS FROM THE EVENING

THE MOMENT THAT MADE US SMILE

SOMETHING I LEARNED OR APPRECIATED ABOUT YOU

ONE THING WE WOULD LOVE TO DO AGAIN

07 / SOMETHING TO LOOK FORWARD TO

Our next twelve little dates.

No deadline and no perfect streak. Borrow ideas from this kit, add your own, and repeat the ones you love.

	IDEA / A LITTLE DETAIL TO MAKE IT OURS	WHEN
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Keep choosing time for the two of you, one small plan at a time.